### FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

wasnington,	D.C.	2054

OMB APP	ROVAL
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# STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  CHANG JOSEPH Y					_ <u>N</u>	2. Issuer Name and Ticker or Trading Symbol  NU SKIN ENTERPRISES INC [ NUS ]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  Director 10% Owner  X Officer (give title Other (specify below)					
(Last) (First) (Middle) C/O NU SKIN ENTERPRISES, INC. 75 WEST CENTER STREET						3. Date of Earliest Transaction (Month/Day/Year) 03/02/2017								Chief Scientific Officer					
(Street)	U	Γ	84601		_   4.	If Ame	endme	nt, Date o	f Origin	al File	d (Month/Day	r/Year)	Line	X Form fi	ed by O	ne Repo	(Check A orting Per one Re	son	
(City)	(S		(Zip)																
			ole I - N			_			-	d, Di	sposed of	-		1					
Date		Date	Date E Month/Day/Year) if		2A. Deemed Execution Date, if any (Month/Day/Year)				s Acquired (A) or f (D) (Instr. 3, 4 and 5)		5. Amount of Securities Beneficially Owned Following		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)				
									Code	v	Amount	(A) or (D)	Price	Reported Transactio (Instr. 3 an	n(s) d 4)			(instr. 4)	
Class A C	Common Sto	ock		03/02	2/2017				М		5,625(1)	A	\$28.09	49,2	38	8 D			
Class A C	Common Sto	ock		03/02	2/2017				F		3,972(2)	D	\$50	45,2	45,266 D				
Class A C	Common Sto	ock		03/04	1/2017				A		4,500	A	\$0	49,7	49,766 D				
Class A (	is A Common Stock 65,000 <sup>(3)</sup> I						I	Held in irrevocable family trust											
			Table II								oosed of, convertib			Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	ise (Month/Day/Year) /e	3A. Deemed Execution Date, if any (Month/Day/Year)		4. Transaction Code (Instr. 8)				6. Date Exercisable a Expiration Date (Month/Day/Year)		ate	and 7. Title and Amount of Securities Underlying Derivative Secu (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported		10. Ownersl Form: Direct (D or Indire (I) (Instr.	Beneficial ) Ownership ct (Instr. 4)	
					Code	v	(A)	(D)	Date Exerci	sable	Expiration Date	Title	Amount or Number of Shares		Transaction(s) (Instr. 4)				
Employee Stock Option (right to buy)	\$28.09	03/02/2017			M			5,625 <sup>(4)</sup>	(5	)	03/02/2017	Class A Common Stock	5,625	\$0	0	)	D		

#### **Explanation of Responses:**

- 1. In accordance with the terms of the Issuer's stock incentive plans, these shares were acquired from the automatic net exercise of options immediately prior to their expiration.
- 2. In accordance with the terms of the Issuer's stock incentive plans, these shares were withheld by the Issuer to cover the option exercise price and tax withholding obligations related to the automatic net exercise of options immediately prior to their expiration.
- 3. This report should not be deemed an admission that the Reporting Person is the beneficial owner of such securities for purpose of Section 16 or for any other purpose.
- 4. In accordance with the terms of the Issuer's stock incentive plans, these options were automatically net exercised immediately prior to their expiration.
- 5. Currently exercisable in full.

## Remarks:

/s/ Gregory Belliston as

Attorney-in-Fact for Joseph Y. 03/06/2017

Chang

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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