FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* CHANG JOSEPH Y						2. Issuer Name and Ticker or Trading Symbol NU SKIN ENTERPRISES INC [NUS]							cable) or (give title	Othe	Owner (specify		
(Last) (First) (Middle) C/O NU SKIN ENTERPRISES, INC.					3. Date of Earliest Transaction (Month/Day/Year) 05/12/2014							X Officer (give title below) below) Chief Scientific Officer					
75 WEST CENTER STREET						4. If Amendment, Date of Original Filed (Month/Day/Year)							6. Individual or Joint/Group Filing (Check Applicable				
(Street) PROVO			84601		(12.1.1.1.1.1.1.1.1.1.1.1.1.1.1.1.1.1.1.							Line) X Form filed by One Reporting Person Form filed by More than One Reporting					
(City)	(City) (State) (Zip)											Person					
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																	
1. Title of Security (Instr. 3) 2. Transa Date (Month/D					Execution Date,			Transaction Disposed Code (Instr. 5)		ities Acquired (A) or d Of (D) (Instr. 3, 4 and		Beneficia Owned F Reported	s ally following I	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
							Code V	Amount	(A) or (D)	Price	Transact (Instr. 3						
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)				6. Date Exercisable ar Expiration Date (Month/Day/Year)		7. Title and Amor of Securities Underlying Derivative Securi (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	Ownersl Form: Direct (Dor Indirect) Or Indirect)	Beneficial Ownership ct (Instr. 4)		
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares						
Employee Stock Option (right to buy)	\$77.65	05/12/2014		A		12,500		05/12/2014	07/15/2020	Class A Common Stock	12,500	\$0	50,000 ⁽¹	1) D			

Explanation of Responses:

1. On July 15, 2013, the reporting person was granted an option to purchase 50,000 shares of Class A Common Stock. The options vest in four equal tranches based on Nu Skin Enterprises, Inc.'s satisfaction of certain performance criteria. On May 12, 2014, the performance criteria for the first tranche were met, resulting in the vesting of the option as to 12,500 shares.

Remarks:

Clayton A. Jones as Attorneyin-Fact for Joseph Y. Chang

05/12/2014

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.