FORM 4

obligations may continue. See

Instruction 1(b)

Check this box if no longer subject to Section 16. Form 4 or Form 5

1. Name and Address of Reporting Person*

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT	OF CHANGE	S IN BENEFICIAL	OWNERSHIP

OMB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

5. Relationship of Reporting Person(s) to Issuer

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading Symbol

DORNY D MATTHEW					NU	3. Date of Earliest Transaction (Month/Day/Year) 11/12/2018								neck all ap Dire			10% Ov Other (
(Last) (First) (Middle) C/O NU SKIN ENTERPRISES, INC. 75 WEST CENTER STREET														below) below) General Counsel					
(Street)	EST GENTERSTREET					4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line)					
PROVO	U	Т	84601											For	Form filed by One Reporting Person Form filed by More than One Reportin Person				
(City)	(S	tate)	(Zip)																
			le I - No			_			•	l, Di	sposed o								
			2. Transaction Date (Month/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Acquired (A) of Disposed Of (D) (Instr. 3, 4 a			5) Secu Bene Own	ficially ed Following	Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership			
								Code	v	Amount	(A) or (D)	Price		rted action(s) . 3 and 4)			(Instr. 4)		
Class A Common Stock			11/12/2	2018				M		2,500	A	\$30.6	i3	33,871		D			
Class A Common Stock 1:			11/12/2	2018				S		1,400(1)) D	\$65.0	(2)	32,471		D			
Class A Common Stock 11/12			11/12/2	2018	018			S		1,100(1)) D	\$65.7	65.75 ⁽³⁾ 31,37		,371				
		7	Table II								oosed of converti			y Owne	t				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deer Execution if any (Month/I	on Date,	4. Transactio Code (Inst 8)		on of		6. Date Exercisable an Expiration Date (Month/Day/Year)		te	nd 7. Title and Amount of Securities Underlying Derivative Secur (Instr. 3 and 4)		8. Price Derivativ Security (Instr. 5)		e s Illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership t (Instr. 4)	
					Code	v	(A)		Date Exercisa		Expiration Date	Title	Amount or Number of Shares						
Employee Stock Option (Right to	\$30.63	11/12/2018			M			2,500	(4)		03/02/2023	Class A Common Stock	2,500	\$0	73,10	0	D		

Explanation of Responses:

- 1. Sale pursuant to a 10b5-1 plan adopted by the Reporting Person.
- 2. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$64.46 to \$65.42, inclusive. The Reporting Person undertakes to provide to the issuer, any security holder of the issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within this range.
- 3. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$65.53 to \$66.25, inclusive. The Reporting Person undertakes to provide to the issuer, any security holder of the issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within this range.
- 4. Currently exercisable in full.

Remarks:

/s/ Gregory Belliston as Attorney-in-Fact for D.

11/13/2018

Matthew Dorny

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.