FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT	OF CHANGES	S IN BENEFICIAI	L OWNERSHIP

l	OMB APPRO	VAL
	OMB Number:	3235-0287
l	Estimated average burd	en
	hours per response:	0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>LUND STEVEN</u>					2. Issuer Name and Ticker or Trading Symbol NU SKIN ENTERPRISES INC [NUS]										k all app Dired		ng Perso	10% (
		ERPRISES, INC	Middle)			3. Date of Earliest Transaction (Month/Day/Year) 12/05/2008										Offic below	er (give title w)		Other (specify below)	
75 WEST CENTER STREET (Street) PROVO UT 84601					4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)									Individual or Joint/Group Filing (Check Applica Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person					son
(City)	(St	ate) (Zip)																	
			le I - No			_			1	Dis	posed o								1	
Date			Date	2. Transaction Date (Month/Day/Year) 2. Deemed Execution Date, if any (Month/Day/Year)		3. Transa Code (1		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4 5)				and Securi Benefi Owned		ies cially Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership			
									Code	v	Amount		(A) or (D) Price		e	Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)
Class A Common Stock 1				12/05	2008			G	V	33,250		D	Ş	\$0	1,6	69,103	:	I	By SJL NS- Holdings L.L.C. ⁽¹⁾	
Class A Common Stock														100,000		:	[By the S & K Rhino Company, L.C. ⁽²⁾		
		Та									sed of, onvertib					wned				
1. Title of Derivative Security (Instr. 3) 2. Conversion or Exercise Price of Derivative Security (Instr. 3) 3. Transaction Date (Month/Day/Year) (Month/Day/Year) 3. Transaction Date (Execution Date, if any (Month/Day/Year) (Month/Day/Year)					5. Number 6			6. Date Exercisab Expiration Date (Month/Day/Year)		Amount of			8. Price of Derivative Security (Instr. 5)		9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ov Fo Dii or (I)	vnership rm: rect (D) Indirect (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
Cod		Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title	or Nu of	mber ares									

Explanation of Responses:

- 1. SJL NS-Holdings is a family limited liability company which is owned and controlled by the Reporting Person and his spouse.
- 2. This report should not be deemed an admission that the Reporting Person is the beneficial owner of such securities for purpose of Section 16 or for any other purpose.

Remarks:

Clayton Jones as Attorney-in-Fact for Steven J. Lund

12/09/2008

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

POWER OF ATTORNEY

The undersigned hereby constitutes and appoints each of Truman Hunt, D. Matthew Dorny, Ritch Wood, Clayton Jones and Jennifer Smith, signing singly, the undersigned's true and lawful attorney-in-fact to:

- (1) execute for and on behalf of the undersigned, in the undersigned's capacity as (a) an officer and/or director of Nu Skin Enterprises, Inc.(the "Company"); or (b) a beneficial owner of the Company's common stock, Forms 3, 4, and 5 in accordance with Section 16(a) of the Securities Exchange Act of 1934, as amended, and the rules there under;
- (2) do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such Forms 3, 4, or 5 and timely file such forms with the United States Securities and Exchange Commission and any stock exchange or similar authority; and
- (3) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of benefit to, in the best interest of, or legally required by, the undersigned, it being understood that the documents executed by such attorney-in-fact on behalf of the undersigned pursuant to this Power of Attorney shall be in such form and shall contain such terms and conditions as such attorney-in-fact may approve in such attorney-in-fact's discretion.

The undersigned hereby grants to such attorney-in-fact full power and authority to do and perform any and every act and thing whatsoever requisite, necessary, or proper to be done in the exercise of any of the rights and powers herein granted, as fully to all intents and purposes as the undersigned might or could do if personally present, with full power of substitution or revocation, hereby ratifying and confirming all that such attorney-in-fact, or such attorney-in-fact's substitute or substitutes, shall lawful do or cause to be done by virtue of this Power of Attorney and the rights and powers herein granted. The undersigned acknowledges that the foregoing attorney-in-fact, in serving in such capacity at the request of the undersigned, is not assuming, nor is the Company assuming, any of the undersigned's responsibilities to comply with Section 16 of the Securities Exchange Act of 1934, as amended.

This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 3, 4, and 5 with respect to the undersigned's holdings of and transactions in securities issued by the Company, unless earlier revoked by the undersigned in a signed writing delivered to the foregoing attorney-in-fact.

IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of the 5th day of December, 2008.

/s/ Steven J. Lund
Steven J. Lund
State of Utah
ss.
County of Utah
)

On this 5th day of December, 2008, before me, Jennifer L. Smith, a Notary Public, personally appeared Steven J. Lund, personally known to me to be the person whose name is subscribed to the within instrument, and acknowledged to me that he executed the same.

/s/ Jennifer L. Smith Notary Public

My commission expires: October 10, 2010