FORM 3

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

## INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

OMB APPROVAL

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Ad Nelson Bre	dress of Reporting		2. Date of Event Requiring Statement (Month/Day/Year) 01/01/2005		3. Issuer Name and Ticker or Trading Symbol NU SKIN ENTERPRISES INC [ NUS ]					
(Last) (First) (Middle) C/O NU SKIN ENTERPRISES, INC.				Relationship of Reporting Perso (Check all applicable)     Director	10% Owne	r (Mon	5. If Amendment, Date of Original Filed (Month/Day/Year)			
75 WEST CENTER STREET					X Officer (give title X Other (specify below)			6. Individual or Joint/Group Filing (Check Applicable Line)		
(Street) PROVO UT 84601					Regional Vice President / Southeast A Pacific		Sia & X Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City)	(State)	(Zip)								
Table I - Non-Derivative Securities Beneficially Owned										
1. Title of Security (Instr. 4)					. Amount of Securities Beneficially Owned (Instr. 4)			ature of Indirect Beneficial Ownership tr. 5)		
Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)										
1. Title of Derivative Security (Instr. 4)			2. Date Exercisable an Expiration Date (Month/Day/Year)		3. Title and Amount of Securities Underlying Derivative Security (Instr.		4. Conversion or Exercise	e Form:	6. Nature of Indirect Beneficial Ownership (Instr. 5)	
			Date Exercisable	Expiratior Date	Title	Amount or Number of Shares	Price of Derivative Security	Direct (D) or Indirect (I) (Instr. 5)		
Employee Stock Option (right to buy)			02/28/2002 <sup>(1)</sup>	02/28/2011	Class A Common Stock	1,000	8.2	D		
Employee Stock Option (right to buy)			08/31/2002 <sup>(1)</sup>	08/31/2011	Class A Common Stock	1,000	6.85	D		
Employee Stock Option (right to buy)		03/01/2003 <sup>(1)</sup>	03/01/2012	Class A Common Stock	2,000	8.99	D			
Employee Stock Option (right to buy)		09/03/2003 <sup>(1)</sup>	09/03/2012	Class A Common Stock	2,000	12	D			
Employee Stock Option (right to buy)			03/10/2004 <sup>(1)</sup>	03/10/2013	Class A Common Stock	3,750	9.04	D		
Employee Stock Option (right to buy)			09/02/2004 <sup>(1)</sup>	09/02/2013	Class A Common Stock	3,750	11.5	D		
Employee Stock Option (right to buy)			02/27/2005 <sup>(1)</sup>	02/27/2014	Class A Common Stock	5,000	19.15	D		
Employee Stock Option (right to buy)		09/01/2005 <sup>(1)</sup>	09/01/2014	Class A Common Stock	5,000	26.13	D			

## **Explanation of Responses:**

1. Becomes exercisable in four equal annual installments beginning on the date indicated.

## Remarks:

D. Matthew Dorny as

Attorney-in-Fact for Brett 01/04/2005

<u>Nelson</u>

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 5 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

The undersigned hereby constitutes and appoints each of Truman Hunt,

Matthew Dorny, Ritch Wood, and Erik Haugen signing singly, the undersigned's

true and lawful attorney-in-fact to:

- (1) execute for and on behalf of the undersigned, in the undersigned's capacity as (a) an officer and/or director of Nu Skin Enterprises, Inc.(the "Company"); or (b) a beneficial owner of the Company's common stock, Forms 3, 4, and 5 in accordance with Section 16(a) of the Securities Exchange Act of 1934, as amended, and the rules thereunder;
- (2) do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such Forms 3, 4, or 5 and timely file such forms with the United States Securities and Exchange Commission and any stock exchange or similar authority; and
- (3) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of benefit to, in the best interest of, or legally required by, the undersigned, it being understood that the documents executed by such attorney-in-fact on behalf of the undersigned pursuantto this Power of Attorney shall be in such form and shall contain such terms and conditions as such attorney-in-fact may approve in such attorney-in-fact's discretion.

The undersigned hereby grants to such attorney-in-fact full power and authority to do and perform any and every act and thing whatsoever requisite, necessary, or proper to be done in the exercise of any of the rights and powers herein granted, as fully to all intents and purposes as the undersigned might or could do if personally present, with full power of substitution or revocation, hereby ratifying and confirming all that such attorney-in-fact, or such attorney-in-fact's substitute or substitutes, shall lawful do or cause to be done by virtue of this Power of Attorney and the rights and powers herein granted. The undersigned acknowledges that the foregoing attorney-in - -fact, in serving in such capacity at the request of the undersigned,

is not assuming, nor is the Company assuming, any of the undersigned's responsibilities to comply with Section 16 of the Securities Exchange Act of 1934, as amended.

This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 3, 4, and 5 with respect to the undersigned's holdings of and transactions in securities issued by the Company, unless earlier revoked by the undersigned in a signed writing delivered to the foregoing attorney-in-fact.

IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of the 17th day of December, 2004.

/s/ Brett Nelson