FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* CHANG JOSEPH Y						2. Issuer Name and Ticker or Trading Symbol NU SKIN ENTERPRISES INC [NUS]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner					
(Last) (First) (Middle) C/O NU SKIN ENTERPRISES, INC.							of Earl 2005	iest Tran	saction (M	lonth/l	Day/Year)		X Officer (give title below) Other (specify below) President-Pharmanex Division						
75 WEST CENTER STREET					4.1	4. If Amendment, Date of Original Filed (Month/Day/Year) 6. Individual or Joint/Group Filing (Check Applicable													
(Street) PROVO 84601														Form fi	Form filed by One Reporting Person Form filed by More than One Reporting				
(City) (State) (Zip)													Person	ı					
		Tal	ble I - Noi	n-Deri	vativ	e S	ecuri	ties A	cquired,	, Dis	posed o	f, or Be	neficial	ly Owned					
Date					2. Transaction Date (Month/Day/Yea		2A. Deemed Execution Date, if any (Month/Day/Year)		Code	Transaction Code (Instr.		ies Acquire Of (D) (Ins		Benefici	es ally Following	6. Ownership Form: Direct (D) or Indirec (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)	
									Code	v	Amount	(A) oi (D)	Price	Transact	Transaction(s) (Instr. 3 and 4)			(1115411 4)	
Class A (Common St	ock		03/1	03/15/2005				M		6,000	A	\$6.5	6 8,	8,131		D		
Class A Common Stock					3/15/2005				M	L	14,000) A	\$8	22	22,131		D		
Class A Common Stock					15/2005		<u> </u>		S	L	20,000) D	\$21.	55 2,	2,131		D		
						/2005			M	L	20,000	_	\$8		22,131		D		
						5/2005			S		20,000				<u> </u>		D		
			Table II -								osed of, convertib			Owned					
1. Title of Derivative Security (Instr. 3)	Derivative Conversion Date Execution Date, Gecurity or Exercise (Month/Day/Year) if any		Date,	Code (Instr.		n of Ex		Expiration	6. Date Exercisa Expiration Date (Month/Day/Year		of Securities Underlying Derivative Sec (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)			10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)		
					Code	v	(A)	(D)	Date Exercisal		Expiration Date	Title	Amount or Number of Shares	1					
Employee Stock Option (right to buy) ⁽²⁾	\$6.84								(3)		04/01/2007	Class A Common Stock	6,581		6,581 ⁽	1)	D		
Employee Stock Option (right to buy)	\$8	03/15/2005			M			14,000	(3)		04/11/2010	Class A Common Stock	14,000	(4)	67,667	(5)	D		
Employee Stock Option (right to buy)	\$8	09/15/2005			M			20,000	(3)		04/11/2010	Class A Common Stock	20,000	(4)	17,667	(1)	D		
Employee Stock Option (right to buy)	\$6.56	03/15/2005			M			6,000	(3)		08/31/2010	Class A Common Stock	6,000	(4)	0(1)		D		
Employee Stock Option (right to buy) ⁽²⁾	\$8.2								02/28/200)2 ⁽⁶⁾	02/28/2011	Class A Common Stock	6,250		6,250 ⁽	1)	D		
Employee Stock Option (right to buy) ⁽²⁾⁽⁷⁾	\$12.45								04/19/200)3 ⁽⁶⁾	04/19/2012	Class A Common Stock	12,500		12,500	(1)	D		

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)															
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Employee Stock Option (right to buy) ⁽²⁾⁽⁷⁾	\$12.45							(3)	08/31/2011	Class A Common Stock	12,500		12,500 ⁽¹⁾	D	
Employee Stock Option (right to buy) ⁽²⁾⁽⁷⁾	\$12.45							04/19/2003 ⁽³⁾	08/31/2009	Class A Common Stock	25,000		25,000 ⁽¹⁾	D	
Employee Stock Option (right to buy) ⁽²⁾	\$12							09/03/2003 ⁽⁶⁾	09/03/2012	Class A Common Stock	12,500		12,500 ⁽¹⁾	D	
Employee Stock Option (right to buy) ⁽²⁾	\$9.04							03/10/2004 ⁽⁶⁾	03/10/2013	Class A Common Stock	12,500		12,500 ⁽¹⁾	D	
Employee Stock Option (right to buy) ⁽²⁾	\$11.5							09/02/2004 ⁽⁶⁾	09/02/2013	Class A Common Stock	17,500		17,500 ⁽¹⁾	D	
Employee Stock Option (right to buy) ⁽²⁾	\$ 19.15							02/27/2005 ⁽⁶⁾	02/27/2014	Class A Common Stock	17,500		17,500 ⁽¹⁾	D	
Employee Stock Option (right to buy) ⁽²⁾	\$26.13							09/01/2005 ⁽⁶⁾	09/01/2014	Class A Common Stock	17,500		17,500 ⁽¹⁾	D	
Employee Stock Option (right to buy) ⁽²⁾	\$22.33							02/28/2006 ⁽⁶⁾	02/28/2015	Class A Common Stock	17,500		17,500 ⁽¹⁾	D	
Employee Stock Option (right to	\$21.34							08/31/2006 ⁽⁶⁾	08/31/2015	Class A Common Stock	17,500		17,500 ⁽¹⁾	D	

Explanation of Responses:

- 1. Represents number of shares beneficially owned as of September 15, 2005.
- 2. Previously reported.
- 3. Currently exercisable in full.
- 4. Price not applicable.
- 5. Represents number of shares beneficially owned as of March 15, 2005
- 6. Becomes exercisable in four equal annual installments beginning on the date indicated.
- 7. Issued as part of an Option Exchange Offer.

Remarks:

D. Matthew Dorny as Attorneyin-Fact for Joseph Y. Chang

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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