

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL	
OMB Number:	3235-0287
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1. Name and Address of Reporting Person* <u>ADAMS MARK L</u> (Last) (First) (Middle) C/O NU SKIN ENTERPRISES, INC. 75 WEST CENTER STREET (Street) PROVO UT 84601 (City) (State) (Zip)	2. Issuer Name and Ticker or Trading Symbol <u>NU SKIN ENTERPRISES INC [NUS]</u>	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner <input checked="" type="checkbox"/> Officer (give title below) <input checked="" type="checkbox"/> Other (specify below) Vice President- / Corporate Services
	3. Date of Earliest Transaction (Month/Day/Year) 09/02/2003	
4. If Amendment, Date of Original Filed (Month/Day/Year)		

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Class A Common Stock								4,179 ⁽⁶⁾	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	V	(A)	(D)	Date Exercisable	Expiration Date						Title
Stock Option (right to buy) ⁽¹⁾	\$6.56							08/31/2006 ⁽²⁾	08/31/2010	Class A Common Stock		15,000		D	
Stock Option (right to buy) ⁽¹⁾	\$8.2							02/28/2002 ⁽²⁾	02/28/2011	Class A Common Stock		7,500		D	
Stock Option (right to buy) ⁽¹⁾	\$12.45							04/19/2003 ⁽²⁾	04/19/2012	Class A Common Stock		7,500		D	
Stock Option (right to buy) ⁽¹⁾⁽⁵⁾	\$12.45							04/19/2003 ⁽³⁾	08/21/2008	Class A Common Stock		15,000		D	
Stock Option (right to buy) ⁽¹⁾⁽⁵⁾	\$12.45							04/19/2003 ⁽⁴⁾	08/31/2011	Class A Common Stock		7,500		D	
Stock Option (right to buy) ⁽¹⁾⁽⁵⁾	\$12.45							04/19/2003 ⁽³⁾	08/31/2009	Class A Common Stock		20,000		D	
Stock Option (right to buy) ⁽¹⁾	\$12							09/03/2003 ⁽²⁾	09/03/2012	Class A Common Stock		7,500		D	
Stock Option (right to buy) ⁽¹⁾	\$9.04							03/10/2004 ⁽²⁾	03/10/2013	Class A Common Stock		12,500		D	
Stock Option (right to buy)	\$11.5	09/02/2003		A		12,500		09/02/2004 ⁽²⁾	09/02/2013	Class A Common Stock	(7)	12,500 ⁽⁶⁾		D	

Explanation of Responses:

- Previously Reported
- Becomes exercisable in four equal annual installments beginning one year from the date of grant.

3. Fifty percent becomes exercisable on 4/19/2003, and fifty percent becomes exercisable on 4/19/2004.
4. 25% becomes exercisable on 4/19/2003, 25% on 4/19/2004, 25% on 8/31/2004, and 25% on 8/31/2005.
5. Issued as part of Option Exchange Offer.
6. Represents number of shares beneficially owned as of September 2, 2003.
7. Price not applicable.

Remarks:

D. Matthew Dorny as Attorney-
in-Fact for Mark L. Adams 09/04/2003

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.